



**Prosiect
Newid Mwyaf Arwyddocaol
Sir Benfro**

**Most Significant Change
Project
Pembrokeshire**

Gathering stories for the Most Significant Change Project.

What is MSC?

Most Significant Change (MSC) is a participatory evaluation method. It involves collecting stories of significant changes that have occurred in the life of a person as the result of a project or initiative.

Stories can be about positive or negative changes in a person's life and are collected by a trained story gatherer. Lots of different people can share their story – including those who have taken part in a project or been supported by an organisation or individual.

It's a way to develop meaningful learning and strategic change for your organisation or team.

Personal stories can support more quantitative methods of evaluation such as surveys and provide insights about projects or initiatives that might otherwise not be seen.

The MSC Project in Pembrokeshire is designed to support learning, reflection and evaluation.

The process

Once trained, you will be asked to identify storytellers within your own team or organisation and explain the process to them. You will then be “matched” with storytellers, gather their stories and submit them to the coordinator.

The stories of change are at the heart of the MSC Project. Stories that are shared by people are analysed for common themes, to identify how services and activities are working and are creating change.



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Casglu storïau ar gyfer y Prosiect NMA

Beth yw NMA?

Mae Newid Mwyaf Arwyddocaol (NMA) yn ddull gwerthuso cyfranogol. Mae'n cynnwys casglu storïau am newidiadau sylweddol sydd wedi digwydd ym mywyd person o ganlyniad i brosiect neu fenter.

Gall y storïau fod am newidiadau cadarnhaol neu negyddol ym mywyd y person ac maent yn cael eu casglu gan gasglwyr storïau sydd wedi cael eu hyfforddi. Gall llawer o wahanol bobl rannu eu stori – gan gynnwys rhai sydd wedi cymryd rhan mewn prosiect neu sydd wedi cael eu cefnogi gan sefydliad neu unigolyn. Mae'n ffordd o ddatblygu dysgu ystyrlon a newid strategol i'ch sefydliad neu dîm.

Gall storïau personol gefnogi dulliau mwy meintiol o werthuso, fel arolygon, a rhoi golwg fanylach ar brosiectau neu raglenni na fyddent yn cael eu gweld fel arall.

Nod y Prosiect NMA yn Sir Benfro yw cefnogi dysgu gwersi, myfyrio a gwerthuso.

Y broses

Ar ôl ichi gael eich hyfforddi, gofynnir i chi nodi storïwyr o fewn eich tîm neu eich sefydliad ac esbonio'r broses iddynt. Yna byddwch yn cael eich "paru" â storïwyr, yn casglu eu storïau ac yn eu cyflwyno i'r cydlynnydd.

Mae'r storïau am newid wrth graidd Prosiect NMA. Mae'r storïau sy'n cael eu rhannu gan bobl yn cael eu dadansoddi o ran themâu cyffredin, i ganfod sut mae gwasanaethau a gweithgareddau'n gweithio ac yn creu newid.

What is the focus of these stories?

The focus of stories gathered in the MSC Project is about changes to the wellbeing of an individual, with an emphasis on community-centred initiatives.

Feedback

Throughout the MSC process, we commit to feeding back to you and your organisation and, in turn, ask that you feed back to your own organisation's story tellers. Their stories and time are precious, and it's vital they feel empowered throughout the process.

Why get involved?

- Learn new skills for other aspects of your work, such as active listening
- Gain new insights and learning for your own organisation or team
- Contribute to learning, reflection and change across Pembrokeshire
- Build evaluation capacity within your organisation or team.
- Empower your own participants to make a difference in their community

Training

Story Gatherers play a crucial role in the MSC process by listening and capturing the stories of people's experiences. The MSC Project provides training to become a Story Gatherer and about the Most Significant Change method. There is ongoing support for story gatherers, from the MSC Coordinator, and the opportunity to network with other story gatherers, via a WhatsApp group, for support and questions.

To find out more

Contact Karen

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GYDA'N GILYDD DROS NEWID
TOGETHER FOR CHANGE

Beth yw pwyslais y storïau hyn?

Mae pwyslais y storïau a gesglir ym Mhrosiect NMA yn ymwneud â newidiadau i les unigolyn, gyda phwyslais ar fentrau sy'n canolbwyntio ar y gymuned.

Adborth

Trwy gydol y broses NMA, rydym yn ymrwymo i adrodd yn ôl i chi a'ch sefydliad ac, yn eich tro, gofynnwn i chi adrodd yn ôl i storiwyr eich sefydliad. Mae eu storïau a'u hamser yn werthfawr, ac mae'n hanfodol eu bod yn teimlo eu bod wedi'u grymuso trwy gydol y broses.

Pam cymryd rhan?

- Dysgu sgiliau newydd ar gyfer agweddau eraill ar eich gwaith, fel gwrandeo gweithredol
- Cael gwybodaeth newydd a dysgu gwersi ar gyfer eich sefydliad neu eich tîm
- Cyfrannu at ddysgu, myfyrio a newid ar draws Sir Benfro
- Adeiladu'r gallu gwerthuso o fewn eich sefydliad neu dîm.
- Grymuso eich cyfranogwyr i wneud gwahaniaeth yn eu cymuned

Hyfforddiant

Mae Casglwyr Storïau yn chwarae rhan hanfodol yn y broses NMA trwy wrando ar y storïau am brofiadau pobl a'u cofnodi. Mae'r Prosiect NMA yn darparu hyfforddiant i ddod yn Gasglwr Storïau ac am y dull Newid Mwyaf Sylweddol. Ceir cefnogaeth barhaus i gasglwyr storïau, gan y Cydlynnydd NMA, a'r cyfle i rwydweithio â chasglwyr storïau eraill, trwy grŵp WhatsApp, am gefnogaeth a chwestiynau.

I ddarganfod mwy

Cysylltwch â Karen
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